

Stop Bed Bugs Safely!

Use this information to help stop the spread of bed bugs in your home and community.



Remember that bed bugs:
Cannot jump or fly
Do not spread diseases
Do not burrow into the skin

Look for signs of bed bugs: bites, black spots on the bed, live or dead bugs

Know where to look: paper thin crevices close to where you sleep

Check your home regularly

- Reduce household clutter and vacuum furniture and floors.
- Encase your mattress and box spring in bug proof covers.
- Wash clothes and linens and dry them on a hot setting.
- Do not use “bug bombs” or foggers, which may worsen the problem.
- Do not take discarded furniture or items from the street - these things may already have bed bugs.
- Ask for help! Do this to get a pest control pro involved:

